



**PRENATAL
SCIENCES
RESEARCH
INSTITUTE
SOPHIA**



**PRENATAL
SCIENCES
PARTNERSHIP**



WORKING GROUP ON PARENTING

THE WORKING GROUP ON PARENTING AIMS TO ADDRESS THE CHALLENGES AND PROVIDE SUPPORT FOR PARENTS AND SOON-TO-BE PARENTS IN VARIOUS CULTURAL AND CONTEXTUAL SETTINGS.



AIMS & GOALS

01

Identifying Challenges in Different Cultures and Contexts:

One of the primary objectives of the working group is to identify and understand the challenges faced by parents and will-be parents in diverse cultural and contextual backgrounds. By recognizing the unique circumstances and needs of different populations, the group aims to develop tailored approaches and resources to support parents effectively.

02

Preparing for Parenthood:

The working group aims to provide comprehensive resources and programs that help individuals and couples prepare for the journey of parenthood. This includes developing guidelines, support materials, books, and white papers that cover various aspects of preparing for parenthood, such as emotional readiness, practical skills, and understanding the developmental needs of children.

03

Bonding and Attachment:

The group recognizes the importance of bonding and attachment in the parent-child relationship. It aims to promote awareness and provide guidance on fostering healthy bonding and attachment from the prenatal stage to early childhood and beyond. The group will develop educational courses and materials that highlight the significance of prenatal bonding, secure attachment and provide practical strategies for nurturing strong parent-child relationships.



AIMS & GOALS

04

Pregnant Couples Courses:

The working group will develop educational courses specifically designed for pregnant couples. These courses will cover topics such as childbirth education, parenting skills, communication, and coping strategies during pregnancy and early parenthood. The group aims to empower couples with knowledge and skills to navigate this transformative period in their lives.

05

Guidelines, Support Material, and Advocacy:

The working group is committed to developing guidelines, support materials, and advocacy initiatives that promote healthy parenthood practices. These resources will provide evidence-based information, practical tips, and guidance on various aspects of parenting, including child development from pre-conception to after birth, health and environment, positive and inspirational upbringing, and emotional well-being. The group will advocate for policies and practices that prioritize the well-being of parents and children.

06

Father/ partner Inclusion:

The working group recognizes the importance of including fathers in parenting initiatives. It aims to develop resources and programs that address the unique needs and roles of fathers/ partners in the parenting journey. By providing support and guidance to fathers/ partners, the group seeks to foster positive and involved fatherhood/ partnership, contributing to the overall well-being of families.



AIMS & GOALS

07

Family Support Projects:

The group will explore and develop projects that promote family support systems. This includes initiatives that encourage extended family involvement, community networks, and accessible support services for parents. The working group aims to strengthen the support networks available to parents, ensuring that they have the resources and assistance they need to navigate the challenges of raising children.

08

Historical and Sociopolitical Perspectives:

The group acknowledges the value of historical and sociopolitical perspectives on parenting. It aims to explore and learn from various models of parenthood across time, history, and societies. By examining different cultural and historical contexts, the group seeks to identify valuable lessons and insights that can inform modern parenting practices.



IN SHORT

As parenting group, we embrace with love,

Trusting in each other, hand in glove.

Reliability is our parenting vow,

When we promise, we deliver, here and now.

Collaboration is our parenting key,

Supporting diverse cultures, we decree.

Open hearts, open minds, we share,

Compassion and care, showing we're aware.

With timely presence, we create a bond,

Nurturing families, together we respond.

By pursuing these aims and goals, the working group on parenting aims to support and empower parents and soon-to-be parents, fostering healthy family dynamics, and ensuring the well-being of children in diverse cultural and contextual settings.