



**PRENATAL
SCIENCES
RESEARCH
INSTITUTE
SOPHIA**



**PRENATAL
SCIENCES
PARTNERSHIP**



WORKING GROUP ON RESEARCH

THE WORKING GROUP ON RESEARCH FOCUSES ON SUPPORTING RESEARCHERS AND RESEARCH ASSISTANTS IN THEIR PURSUIT OF KNOWLEDGE AND ADVANCING UNDERSTANDING IN VARIOUS AREAS, PARTICULARLY IN THE FIELD OF PRENATAL AND PERINATAL TRAUMA, SALUTOGENIC SOLUTIONS, RESILIENCE DEVELOPMENT, HEALING BIRTH TRAUMA, TECHNOLOGY, AND FUTURE TRENDS.



AIMS & GOALS

01

Mapping Research Needs:

The primary objective of the working group is to map the research needs and priorities in the field of prenatal and perinatal trauma and related areas. It aims to identify gaps in current knowledge, emerging research questions, and areas requiring further investigation. By understanding these needs, the group can guide researchers and research assistants in conducting impactful studies and filling knowledge gaps.

02

Impact of Prenatal/Perinatal Trauma:

The working group focuses on studying the impact of prenatal and perinatal trauma on individuals later in life. It aims to explore the long-term physical, psychological, and social consequences of such trauma and identify strategies for health promotion, and support. By deepening the understanding of these impacts, the group contributes to the development of evidence-based practices and support systems.

03

Salutogenic Solutions:

The group aims to investigate and promote salutogenic solutions, focusing on factors that contribute to health, well-being, and resilience. It explores protective factors and positive experiences that can mitigate the impact of prenatal and perinatal trauma, fostering a strengths-based approach to research. By identifying and promoting salutogenic solutions, the group seeks to improve outcomes and promote well-being for individuals and communities.



AIMS & GOALS

04

Development of Resilience:

The working group focuses on researching and developing resilience in individuals affected by prenatal and perinatal trauma. It aims to explore factors that enhance resilience, identify effective support systems, and promote adaptive coping strategies. By understanding and supporting resilience development, the group empowers individuals to overcome challenges and thrive even in the face of adversity.

05

Healing Birth Trauma:

The group places emphasis on researching and promoting healing strategies for birth trauma. It aims to explore practices that facilitate emotional, psychological, and physical healing for individuals who have experienced traumatic births. By studying effective healing modalities and disseminating this knowledge, the group supports the well-being of individuals and contributes to improved life experiences.

06

Technology and Future Trends:

The working group recognizes the impact of technology on research and aims to explore its potential applications in the field. It investigates innovative technologies, such as virtual reality, artificial intelligence, and remote monitoring, that can enhance research methodologies, interventions, and data collection. By embracing technology and staying informed about future trends, the group contributes to the advancement of research practices and knowledge generation.



AIMS & GOALS

07

Research Skills Development:

The group is dedicated to supporting researchers and research assistants in their professional development. It provides opportunities for skill-building, such as research methodology workshops, data analysis training, and scientific writing guidance. The working group aims to empower individuals to conduct rigorous research, enhance their research competencies, and contribute to the scientific community.

08

Collaboration and Knowledge Sharing:

The working group encourages collaboration and knowledge sharing among researchers. It provides platforms for researchers to connect, exchange ideas, and collaborate on multidisciplinary research projects. The group aims to foster a supportive and collaborative research community, facilitating the sharing of expertise, resources, and best practices.

09

Ethical Research Practices:

The group emphasizes the importance of ethical research practices and promotes awareness of ethical considerations in research. It aims to support researchers in obtaining ethical approvals for their projects and guides them in conducting research with integrity, respect for participants' rights, and adherence to ethical guidelines. It collaborates with the working group focusing on ethics.



IN SHORT

In the realm of research, let's embark,
Trusting in each other, lighting the spark.

Reliability fuels our research flight,
When we promise, we work with all our might.

Collaboration shapes our research sphere,
Bridging disciplines, making knowledge clear.

Open minds, open doors, we explore,
Embracing innovation, we adore.

With timely presence, we push the boundaries,
Compassion and care, nurturing discoveries.

By pursuing these aims and goals, the working group on
research aims to contribute to the scientific
understanding of prenatal and perinatal trauma,
salutogenic solutions, resilience development or healing
preconception, prenatal or birth trauma.